



The Sunday Circle

A SLOW MORNING AT MOXI.

**Pilates first. A little spa moment.
 A beautiful grazing table.**

Come for the stretch. Stay for the slow.



Arrive at 8:30 AM for a warm welcome drink, then a 50-minute mat Pilates class led by an instructor from Pilates 100. Finish with a small spa moment and seasonal grazing table. Home by 11:00 AM.

Each session has its own identity, with a changing instructor, menu, and mood. The thread through all four is an intimate, intentional room designed for the pause you may not know you needed.



FALL & WINTER GATHERING



A Pilates morning with a little spa moment and a beautiful grazing table.



September 20 - The Harvest



October 18 - The Slow Turn



November 15 - The Gathering



December 20 - The Quiet
 (winter solstice)



8:30 to 11:00 AM



\$85 guests - \$75 Moxi members



All-inclusive, Pilates, a seasonal grazing table, and a small spa moment on us.



The Sunday Circle is intimate by design. Seats are limited and extended first to our regulars. To be considered for an upcoming Sunday, speak with any Moxi team member or call 717.833.2878.